

**Headteacher**  
Jonathan Hyde



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**Safety ★ Commitment ★ Aspirations**

3<sup>rd</sup> September 2026

Dear Parent/Carer

### **NSPCC's TalkPANTS**

I am pleased to inform you that Reception will be participating in the **NSPCC's TalkPANTS** programme this week. **TalkPANTS** is a programme for children which introduces the concepts of bodily autonomy, consent, and help seeking. Through teaching relevant, age-appropriate knowledge, understanding and skills, the programme reinforces Mapledene's, and the NSPCC's, commitment to helping children to:

- recognise private parts of the body and their rights over their own body
- understand the importance of consent and their right to say no
- build their confidence to speak out when they are upset or worried
- know how to get help, and sources of help available to them, including Childline Kids

This child friendly programme is aligned with the curriculum and consists of an age appropriate video and supporting classroom-based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC Pants mascot 'Pantosaurus'.

Parents and carers are asked to let school know if their child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

If you would like to know more about the TalkPANTS, please visit:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

### **Additional NSPCC resources for families to help keep children safe**

The NSPCC have shared some important information overleaf on wider NSPCC resources and support to help keep children safe.

I hope you find this information about the NSPCC and the TalkPANTS programme helpful. Please do contact me if you have any further questions.

Best wishes

Jonathan Hyde

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| <p><b>Parent/Carer support</b></p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p><a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a><br/> <a href="http://www.nspcc.org.uk/speakout">www.nspcc.org.uk/speakout</a>.</p>                       | <p><b>Activities to extend learning at home</b></p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>                                                                                                                                     |
| <p><b>Online Safety Hub</b></p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p><a href="http://www.nspcc.org.uk/online-safety">www.nspcc.org.uk/online-safety</a></p>                                                 | <p><b>Childline - under 12's</b></p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p><a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7)<br/> <a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p> |
| <p><b>Talk PANTS with your children</b></p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at <a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a>.</p> |                                                                                                                                                                                                                                                                                                                                                                                          |

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**SCHOOL MEMBER**  
 2025 - 2026

