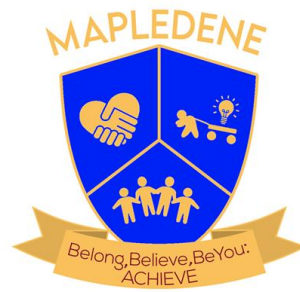


Headteacher
Jonathan Hyde



Assistant Headteachers
Mel Faulkner and Grace Johnson

Safety ★ Commitment ★ Aspirations

Thursday 3rd September 2026

Important - Nut-based foods not allowed on school site

Dear Parents and Carers,

At Mapledene Primary School, the wellbeing and safety of all our pupils is our top priority. We are writing to inform you that, in order to protect children with nut allergies, nut-based foods will no longer be allowed anywhere on the school site.

Why this policy is important:

- While we cannot guarantee the school is completely nut-free, this policy helps ensure pupils with nut allergies are as safe as possible.
- Nut allergies can trigger severe and life-threatening reactions, even from trace amounts.

Items not allowed in school:

Please do not send your child to school with any of the following (this is not an exhaustive list):

- Nutella and other chocolate spreads containing nuts
- Peanut butter
- Mixed nut snacks (including packets of whole or chopped nuts)
- Snack bars containing nuts (e.g. cereal bars)
- Trail mixes with nuts
- Cakes or biscuits with nut fillings

What will happen if nut-based foods are brought in:

Any nut-based foods found will be confiscated and returned to the pupil at the end of the school day. If necessary, we will contact parents/carers directly regarding any concerns.

How you can help:

- Check all ingredient labels before packing food for school.
- Take care to avoid cross-contamination when preparing food.
- Keep us informed of any medical or allergy information relating to your child.
- Ensure your emergency contact details are up to date.

Safe alternatives to pack:

- Fresh fruit
- Yogurt
- Cheese
- Sandwich fillings without nuts (e.g. ham, chicken, egg, cheese, tuna)
- Vegetable sticks
- Plain crackers
- Seed-free snacks

Next steps:

Please review your child's packed lunches and snacks to ensure they do not contain nuts or nut-based products. If your child has a diagnosed allergy or medical need, or if your contact details have changed, please inform the school office as soon as possible.

Thank you in advance

Jonathan Hyde

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